

Dear Friends and Supporters,

As many of you know, this past June and July a team of seven of us returned to Cameroon to continue with our ongoing annual outreach in Fouban, now formally named SHAHICA (Sharing Hope and Health in Cameroon Africa). In addition to Raphiatou Noubissi, Patty Hewson, Abiba Noubissie, and Abia Noubissi as returning team members, we had the privilege of having three new team members join us.

Fran Ward(second from right) is the Chairperson of the School of Allied Health Professions at Temple University and also a certified Adult Nurse Practitioner. She provided medical care and worked to set up a Faculty- Student exchange between Temple School of Allied Health Professions and a school of nursing in Cameroon.



Norbert Elliot, Fran's husband, is a professor at New Jersey Institute of Technology. He lead different seminars on career development and assisted a local group to develop a strategic plan for their organization.

Jessica Raue (second from left) is a registered nurse. She worked along side the medical providers during the 5 days of medical outreach held at the Protestant Hospital, Kings Hospital, and Prison in Fouban, as well as the Protestant Hospital in Mbouda. In addition she assisted with the outreach to our sponsored orphans and vulnerable children.

In addition to the team coming from the US, to our delight we were joined by the largest group of people yet from Cameroon who not only contributed significantly towards its success, but also continue to work together year round.



This year, for the first time, we had a system to collect statistics on the types of people that were treated in the medical outreaches. Here are few of our statistics:

Medical Diagnosis (1062 Clients)	Percent
Gastrointestinal Disorders	13.0%
Musculoskeletal Disorders	12.1%
Hypertension	11.4%
Infections	9.0%
Respiratory Disorders	8.3%

The orphan and vulnerable children program has grown to include 20 children. These children receive support through SHAHICA from US sponsors that covers their school fees, uniforms, and supplies for the year. Each of these children participated in 3 days of activities including dental education and the application of topical fluoride, basic hygiene and nutrition, and crafts and games. We also reviewed their report cards. Finally, the caregivers of each child met together to support one another on the last day of orphan outreach.



New initiatives this year included:

- 1 . A professional seminar with leaders from churches, mosques, schools, and community activists including such topics as wholistic care, hypertension, career development, and HIV prevention.
2. A Seminar for Young Adults covering material such as decision making, goals, objectives and HIV prevention strategies, and also included HIV testing. There were about 35 people in attendance.

While there, new partnerships were formed and old ones renewed. None of this would have been possible without the support of many people such as yourselves. Every year we are amazed at the people who contribute in ways that make the whole thing work-from planning and purchasing craft supplies, to donating medical supplies, to praying for and supporting each team member, and contributing financially. Thank you to each of you who have contributed in some way to make our ongoing work possible.

If you want to see pictures from the outreach, check out any of the following websites.

[Jessica's Pictures](#)

[Patty's Pictures](#)

[Abiba's Pictures](#)

We are looking forward to getting a website setup for SHAHICA by next Spring. We will pass on the link as soon as it is available. Thank you again for your support!

Sincerely,

SHAHICA TEAM 2010